



For attending the “Personal Stress” webinar, you can earn 250 points towards your Personify Health rewards.

Website: [login.personifyhealth.com](https://login.personifyhealth.com)

Sponsor Name: Spectrum Brands, Inc.

**Code Number: nr6k-CN3C-f7**

Point Value: 250 points

Redeem By: 3/31/2026

**To redeem a voucher:**

1. Log into your Personify Health account.
2. Hover over **Home** and select **Rewards**.
3. Click the **Redeem a Voucher** button.
4. Enter your voucher code in the pop-up window.
5. Click **Submit** to redeem.

Slide available: [spectrumbrands.mybenefits.life](https://spectrumbrands.mybenefits.life)  
Under the Wellness tab, Wellness Program